

## Vibration and Attraction

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by David Cameron Gikandi

Now that you know that all things are simply combinations of energy giving an illusion of form to our physical senses, we can move on to a very important law that governs how energy reacts. It is so simple, but **by this law shall you begin to master your world.**

**All things are energy.** They are not "made up of" energy. They ARE energy. All things. It is only your set of senses that gives the illusion of form depending on how these senses perceive this energy.

Now, **how does this energy work?** Well, much can be said about it, but for now, let us look at one of the biggest laws of energy. We will look at it stated scientifically and spiritually:

### Scientific:

\* Like energies display harmony, resonance, construction and attraction. Unlike energies repel, have dissonance, and destruction. For example, sounds that are in tune with each other form harmonious music. Sounds out of sync with each other destroy each other (wave motion). By nature, like energies attract, unlike energies repel.

\* **All objects have a vibration, a frequency.** Even a human body has a frequency. Brain waves have various frequencies. DNA has a frequency range. Your words have a frequency range. Colors are merely expressions of certain frequencies. Each energy particle has its own frequency. This vibration is what sets off the law of attraction mentioned above. **This vibration is the one that dictates whether a particular energy body is in or out of tune with another, and therefore whether it will disrupt or build on the other, attract or repel it.** Keep this in mind. We shall be referring to your vibration many times throughout. Just before we move on, it is appropriate right now to mention that **every state of being you get into changes your vibration frequency.** That is why you tend to feel lighter when you are happy, heavier when you are sad and gloomy. The more you move towards love and joy, the higher your vibration. The more you move to fear, the lower it is.

## Spiritual:

- \* **As you sow, so shall you reap.**
- \* **Karma.**
- \* **Law of Cause and Effect.**
- \* **Do unto others what you would like to be done unto you.**

As we proceed, you shall see numerous ways that this law of attraction comes into play in ways that you would never before have considered. For example, **how does criticism and judgment of others hinder your progress?** Why do all our religions tell us not to judge one another? That very thing that you are so angry about that is making you feel like judging and criticizing someone else about is setting of a certain vibration in you.

Do you see that? And that vibration that you put out will bring back the effects to you, the source. **Whatever you try to deny another, you automatically attract that denial to yourself.** It is not a punishment being handed down to you. All it is is this:

**All vibrations that you offer come back to you as perfectly corresponding manifestations.**

The "down side" of this for you is that **any critical thought and emotion** that you have towards another person will unfailingly limit your own progress.

**The upside is** that once you remember to always, in your thoughts, words, emotions and actions, give the best to others, nothing will be denied to you, simply because you will no longer be blocking your own progress, and you will be having a new vibration of abundance hanging around you. Now don't forget that you also count. Give yourself the best, and drop all judgment and criticism of yourself. **You cannot clearly create what you desire in your mind if your emotions contradict your thoughts.**

**The other upside is** that no one can enforce anything on you. You will soon see very clearly that nothing you see or experience can be caused by a source outside of you. Your free will, and **the Law of Attraction**, guarantees this. You see, at the moment you may not be conscious and

aware of all the thoughts and feelings you have on all levels 24 hours a day in your conscious, subconscious and super-conscious parts of you.

Therefore, this lack of awareness may make things **seem** to come from a source outside of you. But in reality, they all spring from inside of you, either from your conscious, subconscious or super-conscious. **And you can learn to raise your awareness so that more and more of your decisions are conscious.** However, it is absolutely liberating to know that the whole idea of external assertion is false; it does not exist. (That puts \*you\* in control!)

**So how do you tell what your vibration is?** Simply look at what you are feeling. At every moment, one of the most important questions you should always ask yourself is this:

**What am I feeling now?**

This determines what follows in your life. Always be aware of your feeling, and know that you can change it at will. **Your feelings** indicate to you your vibration, and they **predict what will come next**, unless you change it before the manifestation that would normally follow occurs.

Now that you are getting better at this, here is a simple puzzle that you should be able to solve. **Let us say that you are unhappy about your current state of finances.** Will that create more or less finances for you?

The answer should be obvious to you by now. It will create less. **Why?** Because your vibration, your feeling, is "unhappy about finances". This will attract whatever gives evidence of that, meaning that you will find even more events and people that you "think" are making you even more unhappy about your finances. All the time, it is you who is in control. This brings us to **another secret about conditions:**

**Conditions do not exist as external, independent entities.** Conditions arise out of a state of being. *They do not cause a state of being.* They are effects, not causes. Unhappy conditions are created from an unhappy state, not vice versa.

**You are unhappy because you are unhappy, and you are happy because you are happy. It's that simple!**

Therefore, **if you are unsatisfied with your finances, the first step to changing that is to have a new attitude of gratitude and satisfaction.** From this new state, coupled with new thoughts of wealth and positive expectations, your finances will miraculously and quickly turn around.

OK, it is time for the **next lesson in vibration.** You now know that the universe, by the Law of Attraction, brings back to you experiences that match your vibration. It is pure science. Here is the next lesson:

The **universe does not care or question why** you are vibrating, feeling, in a certain way. It simply brings forth experiences that match your vibration.

What this means is that it does not matter whether you are vibrating, feeling, a certain way because of something you are actually seeing or simply imagining. **A vibration is a vibration, regardless of why it is there, and it will be acted upon.**

The **universe does not check first to see whether you are** vibrating the way you are because of something you want or not, or something real or imagined, or something good or bad, or whatever. It does not check, and it does not decide whether to match your vibration or not. **It simply, always, matches whatever vibration you are giving out and effortlessly brings along a matching experience.**

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Author David Cameron Gikandi is the owner & webmaster of the awesome website [Images of One](#) and he also has a tremendous newsletter that is completely free, along with several very helpful ebooks and software at varying prices. All of David's products are lifetime guaranteed. (I just wish he had an affiliate program. \*sigh\*) Please visit his site to learn more!  
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